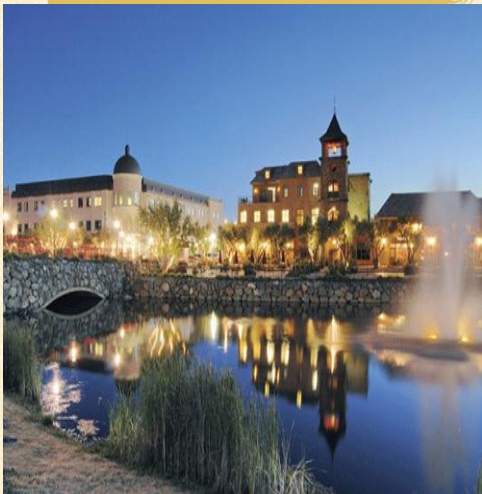


Our Café

Our unique café is nestled in the green rolling hills of El Dorado, California.

Customers can feel relaxed enjoying a meal with family, friends or that special someone. Our dining options consist of patio and indoor seating which both provide a spectacular view of the lake, fountains, and 130 year old olive trees.



Nutrition for Life

Balanced Bites Café specializes in keeping our customers happy, healthy, and nutritionally balanced and well fed.

In order to aid customers in better eating habits, we offer cooking demonstrations on **Saturday mornings from 9am till 11am** with our executive Chef and our own Registered Dietician.

IMAGE HERE

Manager/Owner: Kayla Holt

Telephone 916.712.7177

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712 Town Center Boulevard

El Dorado Hills, CA 95762

www.balancedbitescafe.com

*Balanced
Bites*

CAFÉ

IMAGE HERE



Here at *Balanced Bites Café* we are dedicated to you, our customer.

This is why we offer a distinctive dining experience featuring the latest healthy, nutritional, and balanced bites that our chefs can offer. We take pride in offering unique dishes created with fresh, seasonal and local fruits and vegetables.

In keeping with a nutritionally balanced theme our chefs have created several Diabetic friendly entrees. Please ask your waiter for more details.

HOURS

Balanced Bites Café is open Sunday through Thursday from 11am to 8pm and Friday through Saturday from 11am to 10pm.

We are open to the public, and to parties of all sizes, please call ahead to reserve a table for your special event.



Balanced Bites

Sample Menu

Balanced Bites offers a wide variety of lunch and dinner entrees, as well as soups, salads and sweet treats.

Tomato Bisque Soup
Cup \$3.75 Bowl \$4.25

Garden Salad or Caesar Salad
\$7.85 Half Salad \$5.75

Baked Chicken n' Bruschetta
Served with baked asparagus
\$9.25

Fresh Seasonal Fruits
With Orange Crème
\$6.75

"Nutrition for LIFE."